

**G'mar Chatima Tovah**

**May You Be Sealed in  
the Book of Life**



## Hodu Psalm 96 - Shiru L'Adonai

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Shiru ladonai shir chadash; shiru ladonai kol ha'aretz.  
Yismechu haShamayim vetigel ha'aretz yir'am hayam umlo'o.  
Ya'aloz saday veKhol asher bo az yerannenu kol atzei ya'ar.

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שִׁירוּ לַיהוָה, שִׁירْ חֲדָשׁ; שִׁירוּ לַיהוָה, כָּל־הָאָרֶץ  
יִשְׂמַחוּ הַשָּׁמָיִם וַתְּגַלֵּת אֶרֶץ יִרְעָם הַיּוֹם וּמְלָאוֹ:  
יַעֲלֵז שָׁדֵי וּכְלָאָשְׁרַבּוּ אֶזְרָנָנוּ כָּל־עַצִּים־יִעַר:

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Sing unto God a new song, sing unto God all the earth  
Let the heavens be glad, and let the earth rejoice;  
    let the sea roar, and the fulness thereof;  
    Let the field exult; and all that is therein;  
then shall all the trees of the wood sing for joy

# **Hashiveinu**

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Hashiveinu, hashiveinu Adonai elecha  
Venashuva venashuva  
Hadesh Hadesh yamenuke ke dem

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Turn us back, turn us back, O LORD to You  
and we will turn, and we will turn  
renew, renew our days as before

## Candle Lighting

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Baruch atah Adonai Eloheinu Melech ha-olam,  
asher kidshanu b'mitzvotav, vitsivanu l'hadlik  
ner shel yom tov.

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ברוך אתה ייְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
אֲשֶׁר קָדַשְׂנוּ בְמִצְוֹתֶיךָ וַצְוָנוּ לְהַדְלִיק  
נֵר שְׂלֵל יוֹם טוֹב.

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Praised be You, Adonai our God, Creator of the universe, by  
your commandments we are sanctified, as we kindle the  
lights of this festival.

**Kol Nidre**

Kol nidrei ve-esarei, vacharamei, v'konamei, v'chinuyeい, v'kinusei, ushvuot. Dindarna ud'ishtabana, ud'acharim'na, v'daasarna alnafshatana, miyom kipurum leh ad yom kipurum haba, aleinu l'tovah: kulhon ichartna v'hon; kulhon y'hon sharan, sh'vakin, sh'vitin, b'teilin, umvutalin - la sh'rinn v'la kayamin. Nidrana la nidrei; ve-esarana la esarei; ushvuatana - la sh'vuot.

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כל נdry ואסרי וחרמי וכונמי ובנויי וקנosi ושבועות.  
דנדראן ואשתחענא ואחרימנא ואסראן על נפשתנא, מיום  
כפורים זה עד יום כפורים עליינו לטובה, בלהון אחטאנו בהו,  
בלהון יהונ שרו, שהיקו שביתינו בטלין ומבטלין לא שרירין ולא  
קימין. נגרנא לא נdry ואסראן לא אסרי ושבועתנא לא שבועות.

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By authority of the court on high and by the authority of this court below, with divine consent and with the consent of this congregation, we hereby declare that it is permitted to pray with those who have transgressed. All vows and oaths we take, all promises and obligations we make to God between this Yom Kippur and the next we hereby publicly retract in the event that we should forget them, and hereby declare our intention to be absolved of them.

## **Shehecheyanu**

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**שְׁחַחְתִּינוּ**

Baruch Atah Adonai Eloheinu Melech ha-olam,  
shehecheyanu v'ki'manu v'higi-anu laz'man hazeh.

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**בָּרוּךְ אַתָּה יְהוָה  
שְׁחַחְתִּינוּ וְקִימַנָּנוּ וְהִגִּיעַנָּנוּ לֶזֶם הַזֶּה.**

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Praised be You, Adonai our God,  
Creator of the universe, who has kept us alive,  
sustained us, and allowed us to reach this time.

# **Bar'chu**

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**בָּרְכוּ**

**Bar'chu et Adonai ham'vorach!**

**Baruch Adonai ham'vorach l'olam va'ed!**

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**בָּרְכוּ אֶת יְהוָה המֶלֶךְ!  
בָּרוּךְ יְהוָה המֶלֶךְ לְעוֹלָם וְעַד!**

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**Praise Adonai to whom praise is due!  
Praised be Adonai to whom praise is due, now and forever!**

**Sh'ma**

**שמע**

**Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!**

**Baruch shem k'vod malchuto l'olam va-ed.**

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**שמע ישראל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד!  
ברוך שם כבוד מלכותו לנצח ועד.**

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**Hear, O Israel, Adonai is our God, Adonai is One!  
Blessed is God's glorious majesty forever and ever.**

V'ahavta et Adonai Elohecha, b'chol l'vev'cha uv'chol  
nafsh'cha uv'chol m'odecha: V'hayu had'varim ha-eileh  
asher anochi m'tzav'cha hayom al l'vevecha: V'shinantam  
l'venecha v'dibarta bam b'shivt'cha b'veitecha  
uv'lecht'cha vaderech uv'shochb'cha uv'kumecha:

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ואהבת את ייְ אֱלֹהֵיךְ בְּכָל־לִבְךְ וּבְכָל־נֶפֶשׁ וּבְכָל־מַדְךְ:  
וְכָיוֹן דְּבָרִים הַאֲלֵה אֲשֶׁר אָנֹכִי מְצֹוֶה הַיּוֹם עַל־לִבְךְ:  
וְשִׁנַּתְתָּם לְבָנֶיךְ וְדִבְרָתָם בְּשִׁבְטֶךְ בְּבֵיתֶךְ וּבְלִכְתָּךְ בְּדֶרֶךְ  
וּבְשִׁכְבָּךְ וּבְקוֹמָךְ:

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And you shall love the Lord Your God with all your heart, with all your soul, and with all your might. Let these words with which I charge you this day. Impress them upon your children. Recite them when you are at home and when you are away, when you lie down and when you rise up.

Uk'shartam l'ot al yadecha v'hayu l'totafot bein einecha.

Uch'tavtam al m'zuzot beitecha uvisharecha.

L'maan tizk'ru, vaasitem et kol mitzvotai vih'yitem k'doshim  
l'Eloheichem. Ani Adonai Eloheichem, asher hotzeiti et-chem mei-  
eretz Mitzrayim lih'yot lachem l'Elohim ani Adoani Eloeichem.

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וְשִׁרְתָּם לֵאמֹת עַל־יָדך וְהִיו לְטַפֵּת בַּיּו עִנִּיךְ וְכַתְבָתֶם  
עַל־מִזְזֹת בֵּיתך וּבַשְׁעַרך: לְמַעַן תִּזְכְּרוּ וְעָשִׂיתֶם אֶת־כָּל־מִצְוַתִּי  
וְהִיִּתֶם קָדְשִׁים לְאֱלֹהִיכֶם: אַנְיִי אֱלֹהִיכֶם אֲשֶׁר הָזָאתִי  
אֶתֶּכֶם מִאָרֶץ מִצְרָיִם לְהִיוֹת לְכֶם לְאֱלֹהִים אַנְיִי אֱלֹהִיכֶם:

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Bind them as a sign on your hand and let them serve as a symbol on your forehead. Inscribe them on the doorpost of your house and on your gates. Thus you shall remember to observe all My commandments and to be holy to your God. I am Adonai, your God, who brought you out of the land of Egypt to be your God; I am Adonai your God.

Hashkiveinu Adonai Eloheinu l'shalom,  
v'ha'amideinu, Malkeinu l'chayim.  
Ufros a'leinu sukat sh'lomecha. Amen.

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השְׁכִיבָנוּ, ייְ אֱלֹהֵינוּ, לְשָׁלוֹם, וּבְעַמִּדְנוּ, מַלְכָנוּ, לְחַיִים.  
וּפָרֹשׁ עֲלֵינוּ סְפָת שְׁלֹמֶךְ. אָמֵן.

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Shelter us beneath Your wings, O Adonai. Guard us from all  
harmful things, O Adonai. Keep us safe throughout the night 'til  
we wake with morning's light. Teach us, God, wrong from right.  
Amen.

Adonai, s'fatai tiftach, ufi yagid t'hilatecha.

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אָדָנִי, שְׁפַתִּי תִּפְתֹּח, וַפִּי יָגִיד תְּהִלָּתֶךָ.

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Adonai, open up my lips,  
that my mouth may declare Your praise.

## אבות ואמות

### Avot v'Imahot

Baruch atah, Adonai Eloheinu v'Elohei avoteinu v'imoteinu,  
Elohei Avraham, Elohei Yitzchak v'Elohei Yaakov, Elohei  
Sarah, Elohei Rivkah, Elohei Rachel v'Elohei Leah. Ha-El  
hagadol hagibor v'hanora, El elyon, gomeil chasdim tovim,  
v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi  
g'ulah livnei v'neihem l'maan sh'mo b'ahavah.

ברוך אתה, ייְהוָה אֱלֹהֵינוּ וָאֱלֹהֵי אֲבוֹתֵינוּ וָאֶמוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם,  
אֱלֹהֵי יִצְחָק וְאֱלֹהֵי יַעֲקֹב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי רֵבָקָה, אֱלֹהֵי רָחֵל  
וְאֱלֹהֵי לֵאָה. הָאֱלֹהִים הַגָּדוֹל הַגָּבוֹר וּהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסִידִים  
טוֹבִים וּקוֹנֶה הַכָּל, וּזְכֵר מִסְדֵּי אֲבוֹת וָאֶמוֹת, וּמְבִיא גָּאֵלה לְבָנִי  
בְּנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.

Blessed are You, Eternal our God, God of our fathers and mothers, God of Abraham, Isaac, and Jacob, God of Sarah, Rebecca, Rachel, and Leah. The great and mighty and awesome God, transcendent God who grants loving kindness, creates out of love, who remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine.

Atah gibor l'olam, Adonai, m'chayeih hakol atah,  
rav l'hoshia. M'chalkeil chayim b'chesed,  
m'chayeih hakol b'rachamim rabim, someich  
noflim, v'rofei cholim, umatir asurim, um'kayeim  
emunato lisheinei afar.

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אתה גיבור לעולם, אָדָנִי, מַחְיֵה הַכָּל אֶתְּחָתָה, רַב לְהוֹשִׁיעַ. מַכְלִיב  
מִים בְּחִסְדֶּךָ, מַחְיֵה הַכָּל בְּרַחֲמִים רַבִּים, סֻמְךָ נוֹפְלִים, וּרְופָא  
חוֹלִים, וּמְתִיר אֲסּוּרִים, וּמַקִּים אֶמְוֹנָתוֹ לִישְׁנֵי עָפָר.

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You are forever mighty, Eternal One. You give life to all. You sustain life through love. Giving life to all through compassion, supporting the fallen, healing the sick, freeing the captive, keeping faith with those who sleep in the dust.

Mi chamochah baal g'vurot umi domeh lach,  
melech meimit um'chayeh umatzmiach y'shuah.

V'ne-eman atah l'hachayot hakol.

Baruch atah, Adonai, m'chayeih hakol.

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מי במָקוֹם בעַל גבירות ומי דומה לך, מלך מימות ומחיה  
ומצָמִיחַ ישועה. ונאמן אתה לבְּחִזּוֹת הכָּל.  
ברוך אתה, יי, ממְחִיה הכָּל.

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Who is like You, Source of majesty? Who resembles You, the  
Eternal who takes and gives life, causing deliverance to spring  
up and faithfully give life to all?

## Zokhrei-nu l'chayyim

זכורנו לחיים

Zokhrei-nu l'chayyim melekha chafeitz b'chayyim  
v'khot-veinu b'seifer ha-chayyim, l'ma-ankha Elohim  
chayyim. Melech ozeir umoshia umagen. Baruch atah,  
Adonai, magein Avraham v'ezrat Sarah.

זכורנו לחיים מלך חפץ בח חיים, ובתבנו בספר החיים  
למענה אלהים חיים. מלך עוזר ומושיע ומגן. ברוך אתה  
יי מגן אברהם ועזרת שרה

Remember us that we may live, O Sovereign who delights in life. Inscribe us in the Book of Life, for Your sake, living God. You are the Sovereign who helps and saves and shields.

Praised are You, Adonai,  
Shield of Abraham and Helper of Sarah.

Ki Anu Amecha v'ata Eloheinu,  
Anu vanecha v'ata Avinu.

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בְּיַעֲמֵד וְאַתָּה אֱלֹהֵינוּ, אָנוּ בָנִיךְ וְאַתָּה אָבִינוּ.

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For we are Your people, and You our God.  
We are Your children, and You our Parent.

Ashamnu, bagadnu, gazalnu, dibarnu dofi.  
He'evinu, vehirshanu, zadnu, chamasnu,  
tafalnu sheker.

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אָשָׁמָנוּ, בָּגָדָנוּ, גְּזִלָּנוּ, דְּבָרָנוּ דָּפִי.  
הָעֹוֵינוּ, וְהָרְשָׁעָנוּ, זְדָנוּ, חְמִסָּנוּ, טְפִלָּנוּ שְׁקָר.

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Of these wrongs we are guilty: We betray. We steal. We scorn.  
We act perversely. We are cruel. We scheme. We are violent.  
We slander. We devise evil. We lie.

Ya'atznu ra, kizavnu, latznu, maradnu, ni'atznu,  
sararnu, avinu, pashanu, tzararnu, kishinu oref.  
Rashanu, shichatnu, ti'avnu, ta'inu, ti'tanu.

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יעצנו רע, פזבנו, לאנו, מרדנו, נאצנו, סררנו, עוניינו,  
פשענו, צררנו, קשנו ערף. רשותנו, שחתנו, תעבנו,  
תעינו, תעתקענו.

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We ridicule. We disobey. We abuse. We defy. We corrupt. We commit crimes. We are hostile. We are stubborn. We are immoral. We kill. We spoil. We go astray. We lead others astray.

## **Al Chet**

We have sinned against You  
unwillingly and willingly,  
And we have sinned against  
You by misusing our minds.

We have sinned against You  
by immoral sexual acts,  
And we have sinned against  
you knowingly and deceitfully.

We have sinned against You  
by wronging others,  
And we have sinned against  
You by supporting immorality.

## **על חטא**

על חטא שחתנו לפניך  
באנס וברצון,  
ועל חטא שחתנו לפניך  
בבלתי דעת.

על חטא שחתנו לפניך  
בגלו עריות,  
ועל חטא שחתנו לפניך  
בדעת ובמרמה.

על חטא שחתנו לפניך  
בהונאת רע,  
ועל חטא שחתנו לפניך  
בouiידת זנות.

We have sinned against You by  
deriding parents and teachers,  
And we have sinned against  
You by using violence.

We have sinned against You by  
being foul-mouthed,  
And we have sinned against  
You by not resisting the  
impulse to evil.

על חטא שְׁחַטָּאנוּ לִפְנֵיכָךְ  
בָּזֶלֶזֶל הָוֹרִים וּמָוֹרִים,  
וְעַל חטא שְׁחַטָּאנוּ לִפְנֵיכָךְ  
בָּחֶזֶק יָד.

על חטא שְׁחַטָּאנוּ לִפְנֵיכָךְ  
בְּטַמְאַת שְׁפָתִים,  
וְעַל חטא שְׁחַטָּאנוּ לִפְנֵיכָךְ  
בִּיצֶר קְרֻעָה.

Am I there for those who need me giving of my heart completely; Have I been caring and have I been patient, have I forgiven without reservation?

Do I take my days for granted, treated others even handed  
and shown compassion to the homeless stranger;  
Have I been humble before my Creator.

*V'al kulam v'al kulam eloha s'lichot v'al kulam,  
s'lach lanu, m'chal lanu, kaper-lanu v'al kulma.*

Have I tread lightly on the planet, have I held fast to  
Your commandment, and have I raised my voice against injustice;  
Have I been giving, have I been selfish?

*V'al kulam v'al kulam eloha s'lichot v'al kulam, s'lach lanu, m'chal lanu,  
kaper-lanu v'al kulma. Esa einai el heharim, me'ayin me'ayin yavo ezri  
Ezri me'im Adonai, Oseh shamayim va'aretz.*

# Avinu Malkeinu

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אָבִינוּ מֶלֶךְנוּ

Avinu Malkeinu - Almighty and Merciful, You alone are our Sovereign.

Avinu Malkeinu, for Your sake, show us mercy.

Avinu Malkeinu, act toward us as befits Your name.

Avinu Malkeinu, bring healing and wholeness to the ill among us.

Avinu Malkeinu, allay the harshness of the decree against us.

Avinu Malkeinu, inscribe us in the Book of Redemption and Renewal.

Avinu Malkeinu, remember our goodness and call it to mind.

Avinu Malkeinu, act for Your sake and save us.

Avinu Malkeinu - Almighty and Merciful, hear our voice.

Avinu Malkeinu, we have strayed and sinned before You.

Avinu Malkeinu, have compassion on us and our families.

Avinu Malkeinu, halt the onslaught of sickness, violence, and hunger.

Avinu Malkeinu, enter our names in the Book of Lives Well Lived.

Avinu Malkeinu, renew us for a year of goodness.

אָבִינוּ מֶלֶכְנוּ

## Avinu Malkeinu

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Avinu malkeinu, choneinu va'aneinu,  
kee ein banu ma'asim,  
Asei eemanu tzedakah vachesed  
vehoshee-einu.

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אָבִינוּ מֶלֶכְנוּ, חָנָנוּ וַעֲנָנוּ, כִּי אֵין בָּנוּ מְعַשִּׁים,  
עֲשֵה עָמָנוּ צְדָקָה וְחִסְדָּה וְהוֹשִׁיעָנוּ.

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Avinu malkeinu answer us though we have no deeds to plead our cause; save us with mercy and loving kindness.

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Aleinu l'shabei-ach laadon hakol, lateit g'dulah l'yonotzir b'reishit,  
shelo asnu k'goyei haaratot, v'lo samnu k'mishp'chot haadamah.

Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam.

Vaanachnu kor'im umishtachavim umodim, lifnei Melech  
mal'chei hamlachim HaKadosh Baruch Hu.

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עלינו לשבח אדון הפל, לחת גדלה ליוצר בראשית, שלא  
עשנו בגוֹיִ הָאָרֶצֶת, ולא שְׁמַנוּ בְּמִשְׁפָחוֹת הָאָדָםָה. שלא  
שם חְלַקְנוּ בָּהָם, וְגַרְלַנְנוּ בְּכָל-הַמּוֹנָם. ואנחנו כורעים  
ומשתתחים ומודים, לפנֵי מלך מלכי המלכים בקדוש  
ברוך הוא.

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Let us now praise the Sovereign of the universe, and proclaim the greatness of the Creator who spread out the heavens and established the earth, whose glory is revealed in the heavens above and whose greatness is manifest throughout the world. You are our God; there is none else. Therefore we bow in awe and thanksgiving before the One who is Sovereign over all, the Holy and Blessed One.

## **A Prayer for Humanity**

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Source of all being, Guarding of life,  
Protector of the Jewish People and All People alike,

Bring blessing and hope to your children today and teach  
us to give thanks for what we have by sharing it with  
those who are in need. Keep our eyes open to the  
wonders of creation, and alert to the care of the earth.  
May we never be lazy in the work of peace, wellbeing,  
and safety, for all people and may we honor those who  
work for these ideals each and every day.

Teach us to share our bread with the hungry, to care for  
the ill, and to clothe the naked. Strengthen our efforts to  
banish evil speech and to offer compassion to all of your  
creatures. Nourish us, as we nourish others in need.

## **A Prayer for Humanity**

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Heavenly One, shield us beneath the wings of Your love; spread over us the canopy of Your peace, send Your light and truth to all People, of all races, of all stations, and of all nations. Guide us with your good counsel. Establish peace in all lands and fullness and joy for all who dwell here and there.

In this New Day, we commit to being Your partner to bring Peace to the World. Shalom, Shalom, Peace, Peace, to everyone, near and far.

Amen

**Mourner's Kaddish**

Yitgadal, v'yitkdash sh'mei raba. B'alma di v'ra chirutei, v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, baagala uvizman kariv. V'im'ru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yit'halal sh'mei dekudesha b'rich hu l'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma.

V'imru: Amen.

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יתגַּדֵּל וַיְתִקְדֹּשׁ שְׁמָה רַבָּא. בָּעַלְמָא דִּי בָּרָא כֶּרְעוֹתָה, וַיְמַלֵּיךְ מֶלֶכְוֹתָה, בָּמִיכְוּן וּבִיּוּמִיכְוּן וּבָמִיכְיָה דָּכְלַ בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבָזְמוֹן קָרִיב. וְאָמְרוּ אָמְנוֹן.

יהא שםך רבא מברך לעלם ולעולם עולםיא.

יתברך וישתבח, ויתפאר ויתרומם ויתנשא, ויתהדר ויתעלה ויתהلل שםך דקדשא בריך הויא, לעלה מן כל ברכותא ושירותא, תשבחח תא ונחמתא, דאמירך בעלםיא. ואמרו אמוני.

## Mourner's Kaddish

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al  
kol Yisrael. V'imru: Amen  
Oseh shalom bimromav, Hu yaaseh shalom alenu,  
v'al kol Yisrael. V'imru: Amen.

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יהא שלמא רבא מון שמייא, וחיים עליינו ועל כל ישראל.  
ואמרו: אמן.

עשה שלום במרומייו, הוא יעשה שלום עליינו,  
ועל כל ישראל. ואמרו: אמן.

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May the One who causes peace to reign in the high heavens  
let peace descend on us and all Israel, and let us say: Amen.

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Oseh shalom bimromav,  
hu yaaseh shalom aleinu  
v'al kol Yisrael, v'imru: Amen.

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עשה שלום במרומיו, הוא יעשה שלום עליינו  
וعل כל ישראל ואמרנו אמן.

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May the One who causes peace to reign in the high heavens  
let peace descend on us and all Israel, and let us say: Amen.

**G'mar Chatima Tovah**

**May You Be Sealed in  
the Book of Life**

