KIDDUSH FOR SHABBAT MORNING

Fill a Kiddush cup with wine or grape juice.
Raise it and recite:

V'SHAMRU v'nei Yisrael et HaShabbat, laasot et HaShabbat l'dorotam b'rit olam.
Beini uvein b'nei Yisrael ot hi l'olam,
ki sheishet yamim asah Adonai et hashamayim v'et haaretz,
uvayom hashvi-i shavat vayinafash.

THE PEOPLE OF ISRAEL shall keep Shabbath,
observing Shabbath throughout the ages as a covenant for all time.
It shall be a sign for all time between Me and the people of Israel,
for in six days Adonai made heaven and earth,
and on the seventh day God ceased from work and was refreshed.