
YOU SHALL LOVE Adonai your God with all your heart, with all your soul, and with all your might. Take to heart these instructions with which I charge you this day. Impress them upon your children. Recite them when you stay at home and when you are away, when you lie down and when you get up. Bind them as a sign on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.

Continue or turn to pages 118–119 [236–237].


Thus you shall remember to observe all My commandments and to be holy to your God. I am Adonai, your God, who brought you out of the land of Egypt to be your God: I am Adonai your God.

לאתליכון אמת.
Adonai Eloheichem EMET.

Turn to pages 120–121 [238–239].

For those who choose: At the end of the שְׁמַע Shma, after the words אני אלוקים אמת, the word בֵּית אֻדֹת emet (“true”) is added as an immediate affirmation of its truth.

V’ahavta... You shall love... Deuteronomy 6:5-9
L’maan tizk’ru... Thus you shall remember... Numbers 15:40-41

116 [234]