

V'AHAVTA et Adonai Elohecha,
 b'chol l'vav'cha uv'chol nafsh'cha uv'chol
 m'odecha. V'hayu had'varim ha-eileh
 asher anochi m'tzavcha hayom al
 l'vavecha. V'shinantam l'vanecha v'dibarta
 bam b'shivt'cha b'veitecha uv'lecht'cha
 vaderech uv'shochb'cha uv'kumecha.
 Ukshartam l'ot al yadecha v'hayu
 l'totafot bein einecha. Uchtavtam
 al m'zuzot beitecha uvish'arecha.

וְאָהַבְתָּ אֶת יי אֱלֹהֶיךָ
 בְּכָל-לִבְבְּךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-
 מְאֹדֶךָ: וְהָיוּ הַדְּבָרִים הָאֵלֶּה
 אֲשֶׁר אֲנֹכִי מְצַוְךָ הַיּוֹם עַל-
 לִבְבְּךָ: וְשִׁנַּנְתֶּם לְבַבְיֶיךָ וּדְבַרְתֶּם
 בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלִכְתְּךָ
 בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ:
 וְקָשַׁרְתֶּם לְאוֹת עַל-יָדְךָ וְהָיוּ
 לְטֹטְפוֹת בֵּין עֵינֶיךָ: וְכָתַבְתֶּם
 עַל-מְזוֹזוֹת בֵּיתְךָ וּבִשְׁעָרֶיךָ:

בְּרַכּוֹ
 יוֹצֵר
 אֱהַבְהָ רַבָּה
 שְׁמַע
 וְאֶהְבֶּתָּ
 לְמַעַן תִּזְכְּרוּ
 וַיֹּאמֶר יי
 אֱמֶת וַיִּצַּב
 מִיִּמְכָּה

YOU SHALL LOVE Adonai your God with all your heart,
 with all your soul, and with all your might.
 Take to heart these instructions with which I charge you this day.
 Impress them upon your children.
 Recite them when you stay at home and when you are away,
 when you lie down and when you get up.
 Bind them as a sign on your hand and let them serve as a symbol on your forehead;
 inscribe them on the doorposts of your house and on your gates.

Continue or turn to pages 118–119 [236–237].

Lmaan tizk'ru, vaasitem et
 kol mitzvotai vih'yitem k'doshim
 l'Eloheichem. Ani Adonai Eloheichem asher
 hotzeiti et-chem mei-eretz
 Mitzrayim lih'yot lachem l'Elohim
 ani Adonai Eloheichem.

לְמַעַן תִּזְכְּרוּ וְעַשִּׂיתֶם אֶת-
 כָּל-מִצְוֹתַי וְהָיִיתֶם קְדוֹשִׁים
 לֵאלֹהֵיכֶם: אֲנִי יי אֱלֹהֵיכֶם אֲשֶׁר
 הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ
 מִצְרַיִם לְהִיּוֹת לָכֶם לֵאלֹהִים
 אֲנִי יי אֱלֹהֵיכֶם:

Thus you shall remember to observe all My commandments
 and to be holy to your God.
 I am Adonai, your God, who brought you out of the land of Egypt to be your God:
 I am Adonai your God.

יי אֱלֹהֵיכֶם אֱמֶת.
 Adonai Eloheichem EMET.

Turn to pages 120–121 [238–239].

For those who choose: At the end of the שְׁמַע *Sh'ma*, after the words יי אֱלֹהֵיכֶם *Adonai Eloheichem*, the word אֱמֶת *emet* ("true") is added as an immediate affirmation of its truth.

וְאֶהְבֶּתָּ *V'ahavta* . . . *You shall love* . . . Deuteronomy 6:5–9

לְמַעַן תִּזְכְּרוּ *Lmaan tizk'ru* . . . *Thus you shall remember* . . . Numbers 15:40–41