the One who is sovereign over all, the Holy and Blessed One.

Continue on page 285 [589].

ALEINU l’shabei-ach laadon hakol,
lateit g’dulah l’yotzeir b’reishit,
shelo asanu k’goyei haaratzot,
v’lo samanu k’mishp’chot haadamah.
Shelo sam chelkeinu kahem,
v’goraleinu k’chol hamonam.

Vaanachnu kor’im
umishtachavim umodim,
lifnei Melech mal’chei hamlachim
HaKadosh Baruch Hu.

LETS NOW PRAISE the Sovereign of the universe, and proclaim the greatness of the Creator who has set us apart from the other families of the earth, giving us a destiny unique among the nations. We bend the knee and bow, acknowledging the supreme Sovereign, the Holy One of Blessing.

Continue on page 284 [588] or 285 [589].

For those who choose: At the word הקדוש ברוך הוא, one bends the knees; at המלך, one bends the knees; at umishtachavim, one bows at the waist; and at лиופני מלך, one stands straight.