

Tamid B'nai Mitzvah "Living-Jewish" Checklist

**The World is built on three things: Torah, Prayer, and Acts of Love and Kindness
-Jewish Wisdom Saying**

Instructions - The Mitzvah Journey

1. Complete the Mitzvah list by the date of your Bar or Bat Mitzvah (approx two years to complete)
2. Check each item upon completion and put the date next to the mitzvah
3. Sign your signature when complete and return to Rabbi Darren. Good Luck!

Torah – Study and Learning	Date Observed
Tell the story of Exodus at the Passover Seder	
Tell the story of Hannukah before the first night	
Teach somebody else how to light the Shabbat candles	
Teach somebody younger than you the "4 questions" at Passover	

Avodah – Prayer and Worship	Date Observed
Lead Shabbat Table Blessings at your home 5 different times	
Read/Chant the "kiddush" at a Passover Seder	
Affix a mezuzah on a door in your home	
Light and bless all 8 Hanukkah candles	
Attend 10 Shabbat Services/Gatherings (list all dates)	

Gimilut Chasadim – Acts of Love and Kindness	Date Observed
Give tzedaka to the poor	
Try and stop another person from gossiping	
Help an elderly person	
Improve your neighborhood	

Student Signature below

Rabbi Darren Levine Signature below