

Tamid B'nai Mitzvah "Living Jewish" check-list

"The world is built on three things: *Torah, avodah, and gimilut chasadim*"

-Jewish Wisdom Saying

Instructions:

1. Complete the Mitzvah list before the end of the school year
2. Check each item upon completion and put the date next to the mitzvah
3. Sign your signature when complete and return to Rabbi Darren
4. Remember, there are always more to be done – the task is never complete

Torah – Study and Learning

- ✓ Read the story of Genesis with your parents _____ (date) _____
- ✓ Tell the story of Exodus at the Passover Seder _____
- ✓ Tell the story of Hanukah before the first night _____
- ✓ Teach somebody else how to light the Shabbat candles _____
- ✓ Teach somebody younger the "4 questions" at Passover _____
- ✓ Your personal Torah Mitzvah _____

Avodah – Prayer and Worship

- ✓ Lead Shabbat Table Blessings 10 different times _____
- ✓ Read/Chant the "kiddush" at a Passover Seder _____
- ✓ Fix a mezuzah on a door in your home _____
- ✓ Light and bless all 8 Hanukah candles _____
- ✓ Recite the *shema* each night for two weeks _____
- ✓ Your personal prayer Mitzvah _____

Gimilut Chasadim – Acts of Love and Kindness

- ✓ Give *Tzedakah* to the poor _____
- ✓ Try and stop another person from gossiping _____
- ✓ Help an elderly person _____
- ✓ Improve your neighborhood _____
- ✓ Attend one public rally to stand up for a cause you are passionate about _____
- ✓ Your personal act of Love and Kindness _____

B'nai Mitzvah Student: _____ Date Complete: _____

Student Signature _____

Parent Signature _____

Rabbi Darren Levine _____

